

Options Counseling

TCOA's Options Counselor is trained to work with you, your family members and/or significant others in your support circle to connect you to vital resources and services that may allow you to live in the environment of your choice. Whether you are in a nursing home, hospital, community setting, or in your own home, an Options Counselor can guide you through your questions about living in the community. For more information, call 517-887-1418.



Is There a Cost for Information and Assistance Programs?

No. Information and Assistance Programs are free services. However, having income and asset information available can help determine whether someone may qualify for certain community or agency programs.

Tri-County Office on Aging

5303 S. Cedar St. Building #1
Lansing, MI 48911

Main line: 517-887-1440

Toll-free: 800-405-9141

Web site: www.tcoa.org

TCOA is an equal opportunity employer. Federal and state funds are provided through the Aging and Adult Services Agency of the Michigan Department of Health and Human Services.



August 2020

Information and Assistance Programs

TCOA provides assistance locating resources, planning for long term care, and applying for programs and benefits through these programs:

Information and Assistance

Community Resource Navigation

Options Counseling



Our mission is to promote and preserve the independence and dignity of the aging population

Information and Assistance

Do you have a question and are unsure of where to turn?

TCOA's Information and Assistance specialists provide information that relates to older adults and persons with disabilities, and their caregivers, regarding agency and community resources/supports in Clinton, Eaton and Ingham Counties. This service allows the public to access impartial information about a wide range of topics. These include things such as housing and care options, eligibility for community and agency programs, transportation, nutrition programs and caregiver support resources.

To speak to an Information and Resource Specialist, call 517-887-1440 and select the option for Information and Assistance.



Community Resource Navigation

Are you or a loved one struggling to find assistance in the community?

You may know that there is help available, but do you need help navigating the health care and human service systems?



The Community Resource Navigator can help with things like:

- ⇒ Making goals and reaching them
- ⇒ Finding health insurance or a doctor who takes your health insurance
- ⇒ Developing a plan for your chronic health conditions
- ⇒ Getting your medications
- ⇒ Applying for food assistance and other DHHS benefits
- ⇒ Locating and applying for housing

Community Resource Navigation

Community Resource Navigation services are available to residents of Clinton, Eaton and Ingham Counties. This program is open to seniors or individuals with disabilities who are not currently working with a community health worker or social worker through another community agency or program. For more information, please call 517-887-1448.

