



# ARE YOU CARING FOR SOMEONE WITH DEMENTIA?

Attend a free 6-week workshop for help!

If you are an active caregiver of a family member or friend with dementia living at home, The Savvy Caregiver Program will help you gain special skills and knowledge you will need to be successful.

## In this workshop you will:

- Understand the impact of dementia on you and the person with dementia

## And learn how to:

- Manage daily life
- Take control and set goals
- Communicate more effectively
- Strengthen family resources
- Feel better about your caregiving situation
- Take care of you!



## UPCOMING WORKSHOPS

Virtual via Zoom  
Wednesdays, April 29 - June 3, 2026  
5:30 - 7:30 pm

Delta 39'ers Enrichment Center  
4538 Elizabeth Rd. - Lansing  
Meet in Room 302  
Wednesdays, June 10 - July 15, 2026  
1:00 - 3:00 pm



Workshop is free of charge, but donations accepted.  
The person with dementia cannot live in a 24/7 care facility.



**To register, call Tri-County Office on Aging at 517-887-1465 or email [histedc@tcoa.org](mailto:histedc@tcoa.org)**

For a full workshop schedule visit: <https://www.tcoa.org/classesevidence-based-programs/>

Workshops made available in whole or part with funding from the Federal Older Americans Act and MDHHS/Bureau of Aging, Community Living, and Supports through the TCOA.